

## **HEALTHIER YOU!**

### **PACKAGES:**

**Comprehensive Chemistry Panel \$25:** This panel screens for any one of a variety of disease and conditions, such as kidney disease, liver disease, high blood pressure (hypertension) or diabetes.

**Iron Package \$35:** (includes Ferritin/Iron/Measured TIBC): This panel screens for anemia.

**Wellness Package \$45:** (includes Chemistry Panel, TSH, Lipid profile): This package screens for kidney, liver, and thyroid disease. Lipid profile includes cholesterol and triglycerides (fats) that clog up the arteries.

**Lipid Profile \$30:** This profile includes cholesterol, triglycerides, and HDL. Fats that clog up the arteries.

### **INDIVIDUAL:**

**TSH \$20:** Thyroid Stimulating Hormone- this test measures how much hormone is in your blood. TSH is produced by the pituitary gland in your brain. This gland tells your thyroid to make and release the thyroid hormones into your blood.

**PSA \$30:** Prostate Specific Antigen- this test measures the level of PSA in a male's blood. It is a protein produced by normal, as well as malignant, cells of the prostate gland.

**Hemoglobin A1C \$30:** It is a test that can identify prediabetes, which raises your risk for diabetes. It can be used to evaluate diabetes.

**Folate \$20:** This test measures the amount of folate in the blood. Folate is one of many B Vitamins. The body needs folate for normal growth and to make red blood cells, white blood cells, and platelets.

**Vitamin D \$40:** This test measures the level of 25 (OH) D in your blood. Abnormal levels of Vitamin D can indicate bone disorders, nutrition problems, organ damage, or other medical conditions.

**Vitamin B12 \$25:** This test measures the amount of vitamin B12 in the blood. The body needs this B vitamin to make blood cells to maintain a health nervous system. This vitamin is found in animal products such as meat, shellfish, milk, cheese, and eggs.

**CBC \$30:** Complete Blood Count- This test is used to evaluate your overall health and help evaluate a wide range of disorders, including anemia, infection, and leukemia. A complete blood count test measures several components and features of your blood, including: red blood cells, white blood cells, and platelets.

